



VIRTUAL BRIDGE
BETWEEN EUROPEAN & AFRICAN STUDENTS
FOR SUSTAINABLE FUTURES



Project Deliverable 3.1

Set of online tutorials/ recordings for the project trainings and course modules

Digital publication, English/ partners languages

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UNIVERSITY OF NAIROBI



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This document is the “Design of Virtual Exchange Framework for Sustainability Education UnaVex project”. The document has been written by the UnaVEx teams of Helsingin Yliopisto (FI, coordinator, *Una Europa partner university*), Alma Mater Studiorum - Università di Bologna (IT, *Una Europa partner university*), Katholieke Universiteit Leuven (BE, *Una Europa partner university*), University of Johannesburg (ZA), University of Nairobi (KE) and Université de Kinshasa (CD).

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1. Set of online tutorials and recordings

1.1 General description

We have recorded all Virtual Exchange Moderator Trainings and the actual Virtual Exchange week tutorials (plenary speeches). The recordings are stored in DigiCampus areas. The DigiCampus areas contain Virtual Exchange-related materials such as recordings, course schedules, "Sustainable Action" group exercises. In addition, course reports are submitted for credit through DigiCampus. If a moderator or student is unable to participate in distance learning or is only taking a single session, they have the opportunity to listen to the material as a recording or if they want to return to the presentations held during the virtual exchange in peace.

We have two DigiCampus areas:

a) Moderators' DigiCampus <https://digicampus.fi/course/view.php?id=5313>





▼ **Moderator training materials**

PDF UNAVEX MODERATORS' GUIDE	Completion ▼
Training 1: UnaEuropa Virtual Exchange concept and practicalities	Completion ▼
Training 2: UnaEuropa MOOCs and Q&A	Completion ▼
Training 3: Soft skills for communication and supporting the discussion	Completion ▼
Training 4: Sustainability Action group exercise & other tasks	Completion ▼
Training 5: UnaVEx Orientation for the VE, Q&A	Completion ▼
Introduction to Sustainability MOOC	Completion ▼

UnaVEx virtual exchange program builds on the *Introduction to Sustainability MOOC*. As a moderator, it is important that you are familiar with the contents of this unit. However, passing and getting credits for this MOOC is an optional part of the UnaVEx moderator training.

b) **Students' DigiCampus** <https://digicampus.fi/course/view.php?id=5314>

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UH: 2. UnaVEx Virtual Exchange 1

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After UnaVEx: Feedback questionnaire https://elomake.helsinki.fi/lomakkeet/133821/lomakkeet.html	Completion ▼
Joint Miro Board for 28.3.2025 https://miro.com/app/board/uXjVINYyzOc=/	Completion ▼

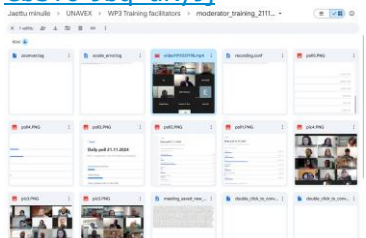
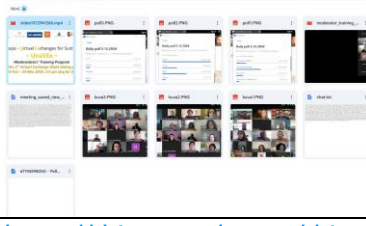
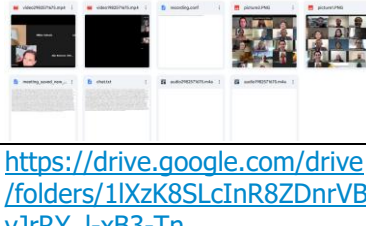


▼ 1. Monday 24 Feb: Introduction to UnaVEx and the MOOCs	Lectures & materials	Completion ▼
▼ 2. Friday 7 March: Sustainable Development as a Concept and in Politics	Lectures & materials	Completion ▼
▼ 3. Friday 14 March: Ecological Sustainability	Lectures & materials	Completion ▼
▼ 4. Friday 21 March: Social & Economic Sustainability	Lectures & materials	Completion ▼
▼ 5. Friday 28 March: Cultural Sustainability	Lectures & materials	Completion ▼

In addition, we use a **Google Drive platform**, which is intended for use by project teams and where we store project-related files and file backups.

Name	Owner	Last modified
WP5 Communication, Dissemination & Sustainability	me	2 Apr 2024 me
WP4 Sustainability education next generation	me	7 Dec 2023 me
WP3 Training facilitators	me	7 Dec 2023 me
WP2 Design VE framework	me	7 Dec 2023 me
WP1_Project management & quality	me	7 Dec 2023 me
Surveys	laura.ruttanen@gmail.com	3 Jun 2025 laura.ruttanen...
Presentations	me	17 Jan 2025 me
Pictures	me	24 Apr 2024 me
Nairobi - Midterm meeting Photos	sderese@uonbi.ac.ke	19 Jun 2025 sderese@uonb...
MEETINGS	me	7 Dec 2023 me
M18_MID_TERM_REPORTING	me	24 Mar 2025 me
CONTRACT	me	7 Dec 2023 me
Communication-WP5&UnaEuropa	me	6 Mar 2024 me
BUDGET	me	7 Dec 2023 me
2nd VIRTUAL EXCHANGE WEEK	julaekarhuma@gmail.c...	14 Aug 2025 julaekarhuma...
1st VIRTUAL EXCHANGE WEEK FEB_MAR 2025	me	18 Feb 2025 me

1.2 Table 1: Moderators training programs and recordings

Training no	Date	Recording: name of the lecturer topic of the presentation	Recording file available for Moderators at DigiCampus	Recording file available as backup at the Google Drive
Training 1: UnaEuropa VE concept & practicalities	Thursday, 21 Nov 2024	Hanna Lappalainen & Solomon Derese: <i>Introduction to the UnaVEx concept</i>	https://digicampus.fi/mod/folder/view.php?id=355287	https://drive.google.com/drive/folders/1eLbpmGIm3CLuE8ZZCbSTo-9bq_tIkY9j 
Training 2: UnaEuropa MOOCs and Q&A	Thursday, 5 Dec 2024	Laura Riuttanen & Francesco Spampinato: <i>UnaEuropa MOOCs</i>	https://digicampus.fi/mod/folder/view.php?id=355289	https://drive.google.com/drive/folders/1FxJWLPGw6vtnG82jFpxpK0fdX-LTP1lr 
Training 3: Soft skills for communication and supporting the discussion	Thursday, 23 Jan 2025	Stella Saliari & Laure Van Hoecke: <i>Soft skills for communication and supporting the discussion</i>	https://digicampus.fi/mod/folder/view.php?id=355290	https://drive.google.com/drive/folders/1jB3urlenT4dtFOsELlqWcO-RdynAteRa 
Training 4: UnaVEx handbooks, materials and technical skills	Thursday, 6 Feb 2025	Julia Karhumaa, Gode Bola & Stella Saliari: <i>UnaVEx Group Exercise and other tasks</i>	https://digicampus.fi/mod/folder/view.php?id=355291	https://drive.google.com/drive/folders/1IXzK8SLcInR8ZDnrVB yJrRY_l-xB3-Tn
Training 5: UnaVEx Group Exercise, orientation for the VE and Q&A /	Thursday, 13 Feb 2025	Julia Karhumaa & Laura Riuttanen: <i>Orientation to the virtual</i>	https://digicampus.fi/mod/folder/view.php?id=355292	https://drive.google.com/drive/folders/1JUk06lHKhn--6rMMBPkX-PtVI7ksxUi

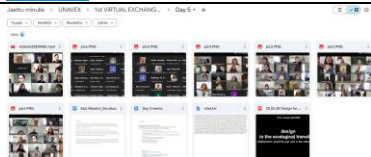


		<i>exchange and Q&A</i>		
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1.3 Table 2: Virtual Exchange Week program and recordings

UNAVEX VE week days / sessions no	date	recording: name of the lecturer, topic of the presentation	Recording file available for Students at the DigiCampus	Recording file available at the Google Drive as a backup
Session 1: Opening	Mon 24 Feb 2025	"Introduction to UnaVEx and the MOOCs" Hanna Lappalainen & Solomon Derese	https://digi-campus.fi/mo/folder/view.php?id=383216	 https://drive.google.com/drive/folders/1bYekuOrIBOLjBnK7xTY4QrYsg_YWjTj
Session 2: Sustainability	Fri. 7 March 2025	"Sustainable Development in Politics." President of Finland, Mrs. Tarja Halonen.	https://digi-campus.fi/mo/folder/view.php?id=383217	 https://drive.google.com/drive/folders/11tw84BN-TS4rUn1zH7aGsQqtgLTXCnh6
Session 3: Climate	Fri. 14 Mar 2025	"Ecological sustainability" Prof. Daniel Olago, University of Nairobi	https://digi-campus.fi/mo/folder/view.php?id=383218	 https://drive.google.com/drive/folders/1kfV7M7_mnby3qLALy-2mezZyRDdq-2nRM
Session 4: Biodiversity	Fri. 20 Mar 2025	"Social and economic sustainability" Mr. Evans Njewa, the focal Point for the	https://digi-campus.fi/mo/folder/view.php?id=383219	



		Government of Malawi.		https://drive.google.com/drive/folders/1-cYsonC8BUd6K0x1GIIMSTdAI-mi-ti05
Session 5: Sustainability in the arts and political economy	Fri. 28 Mar 2025	"Design in the Ecological Transition." Prof. Ezio Manzini, Honorary Professor at Milan	https://digicampus.fi/mod/folder/view.php?id=383220	 https://drive.google.com/drive/folders/1INeBnJUR6VI7xrQvzq51ovFXif9Q4ziL